

A WHISPER IN THE WILDERNESS

1 Kings 19

Big Idea: *When life overwhelms us, God meets us, speaks to us, and sends us.*

¹“Now Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. ² Then Jezebel sent a messenger to Elijah, saying, ‘So may the gods do to me and even more, if I do not make your life as the life of one of them by tomorrow about this time.’ ³ And he was afraid and arose and ran for his life and came to Beersheba, which belongs to Judah, and left his servant there. ⁴ But he himself went a day’s journey into the wilderness, and came and sat down under a juniper tree; and he requested for himself that he might die, and said, ‘It is enough; now, O Lord, take my life, for I am not better than my fathers.’ ⁵ He lay down and slept under a juniper tree; and behold, there was an angel touching him, and he said to him, ‘Arise, eat.’ ⁶ Then he looked and behold, there was at his head a bread cake baked on hot stones, and a jar of water. So he ate and drank and lay down again. ⁷ The angel of the Lord came again a second time and touched him and said, ‘Arise, eat, because the journey is too great for you.’”

1. God wants us to focus on _____ .

¹² “After the earthquake a fire, *but* the Lord *was* not in the fire; and after the fire a sound of a gentle blowing. ¹³ When Elijah heard *it*, he wrapped his face in his mantle and went out and stood in the entrance of the cave. And behold, a voice *came* to him and said, ‘What are you doing here, Elijah?’”

Psalm 16:8 “I have set the Lord continually before me; Because He is at my right hand, I will not be shaken.”

Matthew 14:30-31 “But seeing the wind, he became frightened, and beginning to sink, he cried out, ‘Lord, save me!’ ³¹ Immediately Jesus stretched out His hand and took hold of him, and said to him, ‘You of little faith, why did you doubt?’”

2. God wants to remind us that _____ .

⁴ “But he himself went a day’s journey into the wilderness, and came and sat down under a juniper tree; and he requested for himself that he might die, and said, ‘It is enough; now, O Lord, take my life, for I am not better than my fathers.’”

¹⁸ “Yet I will leave 7,000 in Israel, all the knees that have not bowed to Baal and every mouth that has not kissed him.”

Jeremiah 17:9 “The heart is more deceitful than all else and is desperately sick; Who can understand it?”

Proverbs 28:26 “He who trusts in his own heart is a fool, but he who walks wisely will be delivered.”

NOTES: